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Appendix: Resources & Playsheets

A. I am poem
B. Certificate of Completion
C. What are you called? Hello my name is...
D. Pseudonym and AKA
E. Female art history collages:
Artemisia Gentileschi
Chelo Gonzalez Amezcua
Elizabeth Catlett
Eva Hesse
Judy Chicago
Lee Godie
Lee Krasner
Lorna Simpson
Maria Sibylla Merian
Ruth Asawa
Sonja Delaunay

- F. How to make a Lotus book**
- G. Altered Journal Steps**
- H. Making Special**
- I. Artist Statement**
- J. Lost and Found**
- K. Circle of (W)holeness Mandala**
- L. Beauty and Ugly**
- M. Beauty Brainstorm Play Sheet**
- N. Ugly Brainstorm Play Sheet**
- O. Looking Back and Forward**
- P. Doorway to Memories**
- Q. Window of Dreams**
- R. What is an Altered Book?
List of Techniques**
- S. Stress and Relaxation**
- T. List of Feelings**
- U. How to make chunky
multi-colored crayons**

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Download reproducible resources and worksheets at [DavisArt.com/Appendix](https://www.davisart.com/Appendix)