Therapeutic Approaches in Art Education

By Lisa Kay; Series Editor Marilyn Stewart

Lisa Kay

Therapeutic Approaches in Art Education



Therapeutic Approaches in Art Education is a practical guide for those who wish to support therapeutic art making in their practice. It provides trauma-informed approaches that can be applied to a typical classroom setting—urban, rural or suburban—and addresses those working with marginalized populations. Each chapter has been designed with sidebars that provide information such as quotes, interesting facts, and resources. The Reflect and Notice sidebars and questions help readers, individually or with a group of colleagues, apply the information within each chapter to their own situations. The Appendix includes a PLAYbook full of reproducible play sheets that address many topics ranging from mindfulness to stress and relaxation.

For more information, visit **DavisArt.com/TherapeuticApproaches**.

The Art Education in Practice Series

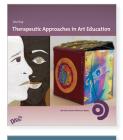
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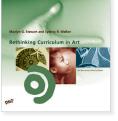
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