

Contents

Introduction Restorative Practice through Art	2	Chapter 4 Connection Is Key	30
<i>by Lisa Kay, Beverley Johns, and Donalyn Heise</i>		<i>by Zoë Fejeran and Olivia Spiers</i>	
Chapter 1 Discovering Resilience through Art: The Bowl of Light	14	Chapter 5 Reducing Stress through Mindfulness	38
<i>by Alice E. Palen</i>		<i>by Jenalee A. Hinds</i>	
Chapter 2 The Power of Youth Voice as a Restorative Practice	18	Chapter 6 Building Resilience through Movement and Dance	44
<i>by Meagan Corrado</i>		<i>by Zsuzsanna Horváth and Anikó Illés</i>	
Chapter 3 The Art Room as Sanctuary	26	Chapter 7 Supporting Grieving Students through the Arts	50
<i>by Jessica Kirker</i>		<i>by Harlie Blauw</i>	
		Chapter 8 Drawing from the SELF	54
		<i>by Rebecca D. Miller</i>	
		Chapter 9 Crafting Empathy through Puppetry	62
		<i>by Felice Amato</i>	
		Chapter 10 Therapeutic Art in Early Childhood Education	66
		<i>by Kathryn Snyder</i>	
		Chapter 11 Illuminating Hope and Sharing Youth Voices	74
		<i>by Wendy Miller</i>	
		Chapter 12 Trauma-Sensitive Visual Arts Programs	78
		<i>by Alicia Gray</i>	



Chapter 13 Restorative Practice through a Traveling Exhibit	86
<i>by Zack Tucker and Stephanie Danker</i>	
Chapter 14 Ritual as a Restorative Practice	90
<i>by Veronica Hicks</i>	
Chapter 15 Mending Walls	96
<i>by Caitlin Black and Courtnie Wolfgang</i>	
Chapter 16 The Benefits of Social and Emotional Learning through the Arts	100
<i>by Harlie Blauw</i>	
Chapter 17 Art Pedagogical Practice for Preventative Care	106
<i>by Hannah Richardson</i>	
Chapter 18 Community Healing through Intentional Listening	112
<i>by Kathryn Pannepacker, Tieshka Smith, and Rosa McAllister</i>	
Chapter 19 Leveraging the Power of the Arts for Students’ Mental Health	116
<i>by EunJung Chang, Ryan Shin, and Ahran Koo</i>	
Contributors	124
Index	128

